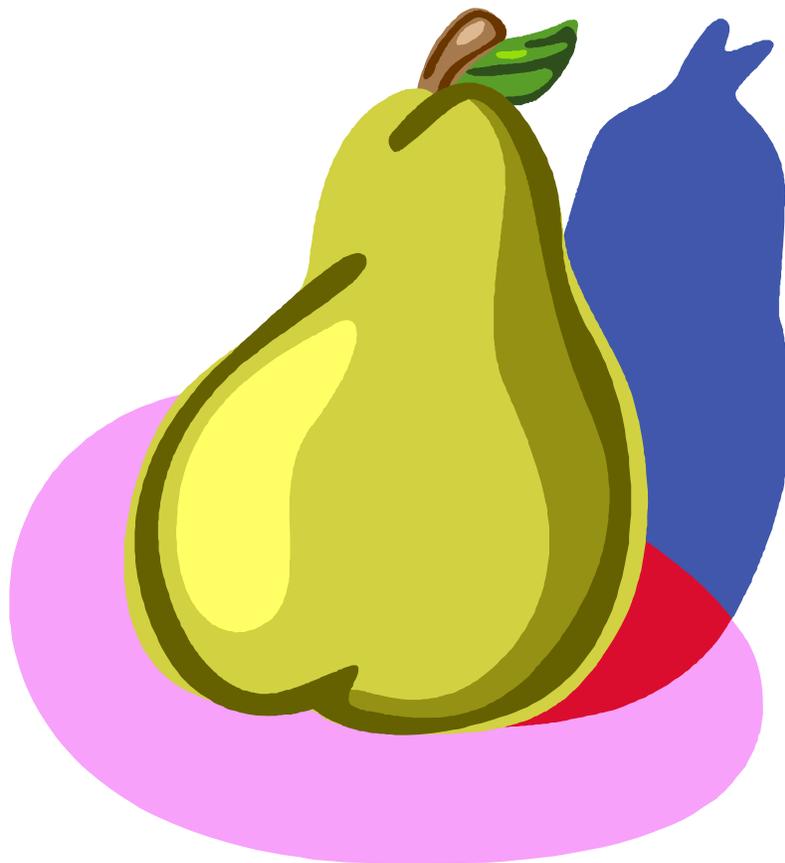


**Brown Bag Demonstrations**  
**Blushing Pears**  
 Kim Mehl, 4-H Youth Specialist

**Supplies Needed:** Ingredients for recipes, 3 trays

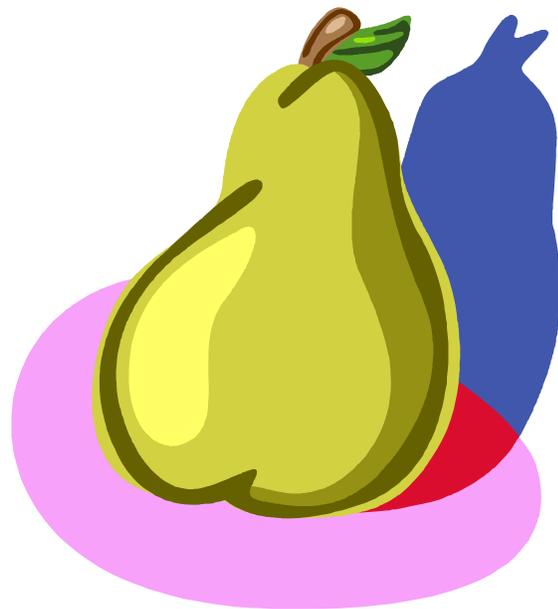
What to Do	What to Say
<b>Chart #1</b>	Need a new idea to perk up the winter salads? Or, a new snack after school or before bed? Try <b>Blushing Pears!</b> They are fun to make, but even more fun to eat. And no one will need to bug you about eating something that isn't good for you.
<b>Chart #2</b>	<p>Needed:</p> <ul style="list-style-type: none"> <li>• 6 canned pear halves</li> <li>• 1 3-oz. pkg. cream cheese</li> <li>• 2 Tbsp. mayonnaise</li> <li>• Lettuce or other salad greens</li> <li>• Red food coloring</li> </ul>
<b>Show cheese</b>	Let the cream cheese soften at room temperature for no longer than ½ hour or soften 2-3 minutes on a low setting in the microwave oven.
<b>Put pears on paper towels</b>	Drain pear halves well, the juice & syrup might be mixed with other fruit juices for a delicious drink. Place the pears on paper toweling for a few minutes.
<b>Mix</b>	Mix the softened cheese with the mayonnaise until well blended. Cream cheese is a dairy product made from cow's milk. It is a soft, unripened cheese. Its high moisture content makes it easy to mix with other foods as well as giving it a shorter storage time. Cream cheese may be served softened on fruit breads or crackers, blended with other ingredients for dips or in desserts and salads as I am doing.
<b>Fill pear Stick pears together Brush on red coloring</b>	<p>Fill one pear half with the cream cheese mixture. Stick another pear half to it, forming a whole pear. Using one drop of red food coloring, rub the fattest part of the pear. Blend it on to give the pears a rosy look. A whole clove may be stuck in the top to resemble a stem.</p> <p>Place the pears in the refrigerator to chill for a short time. Serve the pears on lettuce, and pass the mayonnaise. It costs about 30¢ a serving to make.</p>
<b>Chart #3</b>	<p>Blushing pears are:</p> <ul style="list-style-type: none"> <li>• Quick to make</li> <li>• Attractive</li> <li>• Nutritional</li> <li>• Fun to make</li> </ul> <p>Are there any questions?          Won't you try this salad idea for a change in your winter menus!!</p>

# Blushing Pears



# Blushing Pears

- 6 canned Pear Halves
- 1 3-oz. Pkg. Cream Cheese
- 2 Tbsp. Mayonnaise
- Lettuce
- Red Food Coloring



# Blushing Pears are:

- Quick to Make
- Attractive
- Nutritional
- Fun to Make

